

Objectives & Benchmarks

Evaluation & Assessment

Attempt = Student is engaged, plays, shows willingness, tries

Demonstrate = Student met expectations 50% of the time

Mastery = Student met expectation 90% of the time

Kindergarten

The Student will:

- | | |
|--|----------------|
| 1. Identify a volleyball from other balls | 1. Mastery |
| 2. Perform open hand ball slappies on a volleyball | 2. Mastery |
| 3. Strike a balloon UP, using the palm of his/her hand - standing/in place | 3. Mastery |
| 4. Strike a balloon UP, using the palm of his/her hand - walking | 4. Mastery |
| 5. Strike a volleyball DOWN, using the full hand | 5. Demonstrate |
| 6. Recognize, identify and demonstrate the Volleyball Ready Position | 6. Demonstrate |
| 7. Build his/her Passing Platform using the cues: Pancake-pancake, sausage-sausage or hotdog in a bun, twins | 7. Mastery |
| 8. Strike a beach ball above his/her (teacher toss) with one hand | 8. Demonstrate |
| 9. Freeze, or stop movement on teacher command | 9. Demonstrate |
| 10. Demonstrate the underhand serve to a partner | 10. Attempt |
| 11. Demonstrate the bump from a teacher toss | 11. Attempt |

First Grade

The Student will:

- | | |
|---|---------------------------|
| 1. All Kindergarten Objectives plus | 1. Mastery:Kinder = 5 |
| 2. Demonstrate the volleyball toss | 2. Demonstrate |
| 3. Learn the basic three lines of the volleyball court; baseline, sideline, 10' line | 3. Demonstrate (identify) |
| 4. Demonstrate the ball-handling skills; down balls, self-toss, popcorn, and non-dominant hand tossing (deliveries) | 4. Attempt |
| 5. Demonstrate the basic concepts of a "Drill" how to line up, perform, and return to the back of the line | 5. Demonstrate |
| 6. Strike a volleyball above his/her head (teacher toss) | 6. Mastery |
| 7. Identify and/or vocalize the 3 basic hits of volleyball; bump-set-spike | 7. Mastery |

VOLLEYBALL

Student Objectives K-5

Second Grade

The Student will:

1. All K-1 Objectives plus
 2. Demonstrate the Volleyball Serving Routine and Underhand Serve
 3. 10 toes to target, 2 dribbles, step-back/cool spin, drip of sweat, toss/step-punch
 4. Learn and be familiar with the six floor position names; RF, RB, MB, LB, LF, MF
 5. Play and engage, demonstrating good sportsmanship in a variety of lead-ups; circle passing, volleyball tennis
 6. Participate in a Peer-Coaching Task Sheet for one volleyball skill set: Passing
 7. Recognize, identify and demonstrate; The Underhand Serve, The Forearm Pass, and The Set
1. Mastery: K & 1st = 7
 2. Demonstrate
 3. Demonstrate
 4. Identify / Attempt
 5. Mastery
 6. Demonstrate
 7. Demonstrate

Third Grade

The Student will:

1. All K-2 Objectives plus
 2. Demonstrate an overhand throw
 3. Underhand Serve back and forth with a partner (no net)
 4. Demonstrate a forearm pass from a partner/peer toss
 5. Participate in peer-coaching: Passing, Underhand Serve, and Setting
 6. Communicate/voice or "call the ball" - My Ball, My Ball
 7. Track a volleyball with the off hand
 8. Perform an open-hand, above-head hit - a Down Ball
1. Mastery: K, 1st, 2nd = 8
 2. Demonstrate
 3. Mastery
 4. Demonstrate
 5. Demonstrate
 6. Mastery
 7. Mastery
 8. Mastery

Fourth Grade

The Student will:

1. All K-3 Objectives plus
 2. Demonstrate the volleyball forearm pass, underhand serve, overhand serve, the set, and the down ball
 3. Communicate partner talk; "It's UP, My Ball, & I go I go" during drills, activities, lead-ups
 4. Participate in a Wash Drill; how to move, rotate
 5. Gain an understanding of a Round Robin tournament (used in volleyball matches)
 6. Participate in peer-coaching: Passing, Overhand Serve, Setting, Passing
1. Mastery: K, 1st, 2nd, 3rd = 12
 2. Demonstrate
 3. Mastery
 4. Demonstrate
 5. Attempt
 6. Demonstrate

Fifth Grade

The Student will:

1. All K-4 Objectives plus
 2. Recognize the difference between the Forearm Pass and the Free Ball
 3. Demonstrate the Free Ball
1. Mastery: K, 1st-4th = 13
 2. Attempt